

The 21st Century Leadership Company

LEADING HEALTHY TEAMS

A Leadership and Team Development Programme that puts People at the heart of Performance.

Analysing leaders in isolation from teams doesn't get to the root cause of business challenges, or vice versa. The two need to be understood, trusted, and connected. What's more, aligned with a performance mindset.



DEVELOP YOUR LEADERS

Utilise proven techniques & strategies to realise the full potential of leaders. Develop their mindset to build an inclusive & high-performing team.



WELLBEING

Understand the needs, challenges & aspirations of everyone. This includes comprehensive support to help individuals enjoy their roles and thrive.



TEAM PERFORMANCE

Develop cohesive and connected teams that have each others back. Anything is possible when people have the right mindset & buy into a shared vision.



GET RESULTS!

Connect the dots between leaders & teams. A powerful formula that inspires great outcomes. See what our clients (MoltexFLEX & Cortech Developments) say below.

Phil Quayle, Lead Chemist, MoltexFLEX

"I would highly recommend this programme to any business seeking to advance the skills and effectiveness of their leaders and teams.

I've attended one-day and one-week leadership training courses previously that simply don't offer the value that Leading Healthy Teams does. It gets to the very heart of your leadership and team challenges over an extended period. This gives you the time to properly assess, review, reflect, act and measure, and in doing so, foster effective leaders, healthy teams, and improved performance."

John Hill, Head of Operations, Cortech Developments

"The 21st CLC delivered an outstanding leadership training program that has undeniably transformed elements of my approach to leadership.

The return on investment from this training is evident in the enhanced efficiency, stronger team dynamics, and ultimately, the positive impact it will contribute to our bottom line. I would recommend the 21st CLC and this leadership training to anyone seeking an experience that goes beyond theoretical concepts, providing practical tools for success in today's business world."

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INSPIRING POSITIVE CHANGE

The Leading Healthy Teams programme has helped businesses, large and small, to develop their leaders, build effective teams and improve performance.

As part of the programme, we explore self-awareness, mindset, communication, relationships, team needs, and performance. It really does help leaders and teams to connect and thrive.



SURVEYS

Understand leadership & team needs through relationship intelligence to map out the path to improvement & success.



GROUP WORKSHOPS

Address the key themes of the team survey through interactive activities, brainstorming, problem-solving & root cause analysis.



1-2-1 COACHING

Apply proven techniques to help each team member become the best version of themselves.



ASSESSMENTS

Embed learning & developments through homework-style tasks that align everyone around a common purpose & key goals.



ACTION PLAN

Agree leadership & team priorities to improve personal development, wellbeing & performance.



MEASUREMENT

Measure progress against objectives to evidence effective leadership & team development.

**THE 21st CENTURY LEADERSHIP COMPANY –
LEADING HEALTHY TEAMS PROGRAMME**

Tailored packages to suit a wide range of budgets for leadership and team development

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